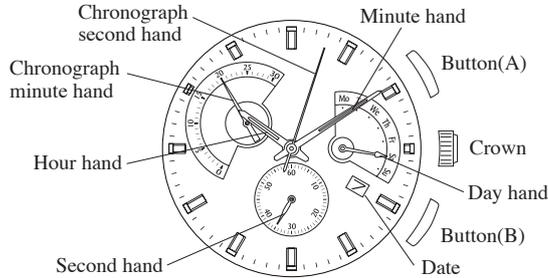


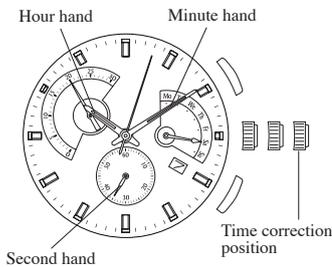
Features

This watch is an analog quartz watch equipped with features including a Day retrograde display and retrograde chronograph function.

Displays and Buttons

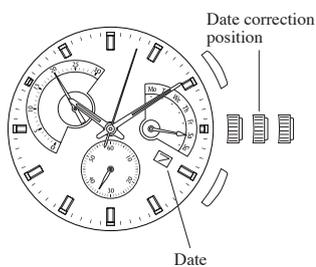


Setting the Time



1. Pull the crown out to the time correction position when the second hand has reached the 0 seconds position.
2. Turn the crown to set the time.
3. Securely return the crown to the normal position in synchronization with a telephone or other time service.

Setting the Date



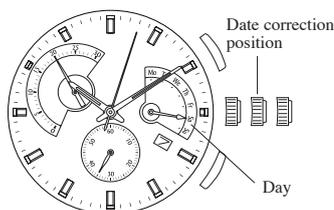
1. Pull the crown out to the date correction position.
 2. Turn the crown clockwise to set the date.
- * If the date is set while the time on the watch is between the hours of about 9:00 PM and 1:00 AM, the date may not change on the following date. If this happens, set the date after temporarily moving the hands to a time other than the above times.

* The date is based on a 31-day calendar. The date must be changed from the last day of the month to the first day of the following month for those months not having 31 days (months having 30 days and February).

* The date will change in 10:00 PM - 12:00 AM.

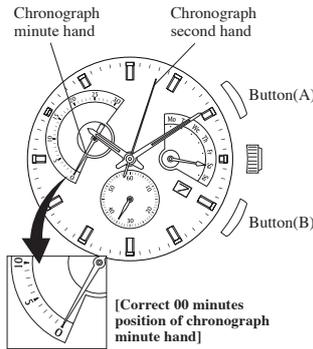
3. Once the date has finished being set, return the crown to the normal position.

Setting the Day



1. Pull the crown out to the date correction position.
 2. Turn the crown anti-clockwise to set the date.
- * If the day is set while the time on the watch is between the hours of about 11:00 PM and 2:00 AM, the day may not change on the following day.
- * The day will change in 11:00 AM - 2:00 AM.
3. Once the day has finished being set, return the crown to the normal position.

Using the Chronograph



* When using the chronograph, begin timing after first making sure that the chronograph minute hand has returned to the 00 minutes position.

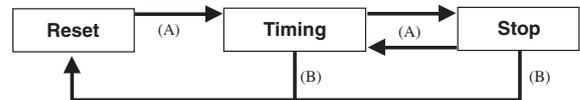
* If the chronograph minute hand is not at the 00 minutes position, slowly press button (B) until it returns to the 00 minutes position.

[Chronograph Timing]

This chronograph measures and displays time up to 30 minutes in 1 second units. Each of the chronograph hands stop when 30 minutes has elapsed.

[Timing Procedure]

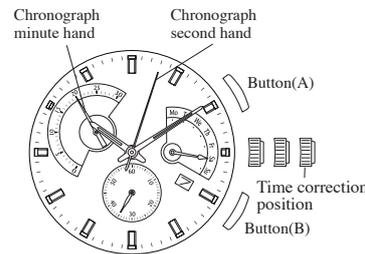
1. Press button (A) to start timing.
* The chronograph is repeatedly started and stops each time button (A) is pressed.
2. Press button (B) to reset the chronograph to 0 seconds.



Note:

- Do not subject the watch to strong impacts during chronograph timing. If the watch is subjected to a strong impact during chronograph timing or after it has stopped automatically after 30 minutes have elapsed, the chronograph minute hand may shift position. If it happens, use the chronograph after first resetting by pressing button (B).

Zero Positioning of Chronograph Hands (After Replacing the Battery)



When resetting the chronograph after replacing the battery, if the chronograph second hand does not return to the 0 seconds position or if the chronograph second hand has shifted out of position due to a strong impact, perform zero positioning of the chronograph hands according to the procedure described below.

[Chronograph Hand Zero Positioning]

1. Pull the crown out to the time correction position.
2. Press button (A) to position the chronograph second at the 0 position.
* The chronograph second hand can be advanced rapidly pressing button (A) continuously.
3. Once the chronograph second hand has been positioned at the 0 position, reset the time and return the crown to the normal position.
4. Press button (B) to check that each of the chronograph hands has been reset to the 0 position.

Specifications

1. **Caliber No. :** FS80
2. **Type :** Analog quartz watch
3. **Timekeeping accuracy :** Within ± 20 seconds per month on average (when worn at normal temperatures of $+5^{\circ}\text{C}$ to $+35^{\circ}\text{C}$ / 41°F to 95°F)
4. **Crystal oscillator :** 32,768 Hz
5. **Operating temperature range :** -10°C to $+60^{\circ}\text{C}$ / 14°F to 140°F
6. **Display functions :**
 - * Time : hours, minutes, seconds
 - * Calendar : Day, Date
 - * Chronograph : Measurement and display up to 30 minutes in 1 second units
7. **Battery :** Miniature silver battery, 1
Battery part no. : SR626SW
Battery life : Approx. 2 years (when using the chronograph for 1 hour/day)

* Specifications are subject to change without notice.